Churna Item Code	Churna Name	Uses/Benefits
SWHC_1	Ajmodadi Churna	Rheumatoid arthritis,Pain and Inflammation of joints,Osteo arthritis,Back pain,Sciatica and such other Joint Diseases
SWHC_2	Avipatikar Churna	Constipation, Acidity treatment, balances the pH of the stomach and helps in digestion of the food properly, Gastrointestinal enzymes for proper digestion of the food,
SWHC_3	Hingvastak Churna	Abdominal distention, Ama, Constipation, Flatulence, hiccups, Indigestion, Intestinal colic, Tympanitis, Dyspepsia due to indigestion, Loss of appetite, Discoloration, low metabolism, Malabsorption, Parasites, Boosts the appetite and enhances digestion, Stimulates healthy and unobstructed peristalsis, Balances downward moving energies, Treats loss of taste, Gastritis, Abdominal pain
SWHC_4	Mahasudarshan Churna	Diarrhoea,Indigestion,Cough,Cold or allergy,Balances all three dosha (vata, pitta & kapha),Maintains healthy metabolism and strengthens immune system that helps protect body from allergens and infectious mirco- organisms
SWHC_5	Panchsakar Churna	Purgative, Carminative & Stimulant, Relieves Constipation, Colic, Indigestion, Other intestinal disorders
SWHC_6	Rasayan Churna	Rejuvenating (Rasayan) combination that raises immunity level, Lowers the risk factors of cardiac and kidney disorders, Promotes elimination of toxins through urinary system, Strengthens body's internal defense mechanism
SWHC_7	Swadishta Virechan Churna	Useful in Piles,Prolapse Ani,Constipation,Fissure of Anus,Pruritus Ani
SWHC_8	Sitopaladi churna	Medicines for cough even for kids,
SWHC_9	Trikatu Churna	Good for liver, spleen and pancreas
SWHC_10	Triphla Churna	Improves Digestion,Full of antioxidant properties,Makes the immune system strong,Improves blood circulation,Stress,Regulating blood pressure,Heart-protective and cardiac-tonic medicine,Weight Loss,Improves liver functioning,Protection against unknown bacterial infections,Protection against diseases like AIDS and HIV,Cancer properties
SWHC_11	Amla Churna	Skin Issues, Digestion, Useful in Eye Disorders, Epistaxis, Hyperaciditity, Constipation, Acidity, Stops Hairfall, Helpful in Eye-Problems
SWHC_12	Apamarg Churna	Toothache, Scabies, Piles, Skin diseases
SWHC_13	Ardushi(Adusa Patti)	Respiratory disorder, Effectively used in cold, Cough as

	Churna	well as advanced cases of bronchitis
SWHC_14	Aswagandha Churna	Increase sexual desire, Arthritis, Anxiety, Trouble sleeping (insomnia), Tumors, Tuberculosis, Asthma, Askin condition marked by white patchiness (leukoderma), Bronchitis, Backache, Fibromyalgia, Menstrual problems, Hiccups and Chronic liver disease
SWHC_15	Brahmi Churna	Memory function,Bronchitis,Chronic cough,Asthma,Hoarseness, Arthritis,Rheumatism,Backache,Fluid retention, blood cleanser,Chronic skin conditions, Constipation,Hair loss,Fevers,Digestive problems, Depression,Mental and Physical fatigue
SWHC_15	Bhringraj Churna	Rasayana and general tonic,Improves hair growth Prevents hair fall, baldness,Digestive system, liver,Helpful in skin allergies
SWHC_16	Bawchi Churna	Vomiting,Piles,Bronchitis,Inflammation,Anaemia, Hair growth and complexion,Purgative, stomachic,Anthelmintic,Vulnerary,Stimulant, Aphrodisiac and cures blood related troubles
SWHC_17	Baheda Churna	Cough, Gastric and Eye Disorders
SWHC_18	Galo(Guduchi) Churna	Swine flu,Bird flu,Pyrexia of unknown origin (fever),Throat infection,Sneezing,Coughing,Body aches
SWHC_19	Gokhru Churna	Weakness,Aphrodisiac Sexual weakness,Erectile dysfunction,Low sperm count,Dysuria (painful urination),Urine tract infection or UTI,Other Urinary disorders Arthritis
SWHC_20	Harde Churna	Reducing swelling, Hastening the healing process and cleansing the wounds and ulcers, Eyelidsin case of conjunctivitis, Helps in stomatitis, Oral ulcers and sore throat, Gastrointestinal ailments, Tumors, Ascites, Piles, Enlargement of liver-spleen, Worms and colitis
SWHC_21	Indrajav Churna	Appetizer & Digestive,Colon cleansing,Boosts digestion,Hepato tonic
SWHC_22	Jambu Bij Churna	Reducing sugar level in urine & blood, Diabetes management, Removing inflammation from body
SWHC_23	Kalijiri Churna	Anthelmintic, Skin diseases, tonic, Stomachic diuretic, Employed for destroying Pediculi, Contains Bitter principles
SWHC_24	Karela Churna	Attenuates body Fat accumulation4 and protects against Dyslipidemia, High-fat diet associates oxidative stress and neuroinflammation as well, Improves Metabolic Syndrome, Protects against acne and skin infections, Potent anti-tumour effect especially against

		Prostate and Liver Cancer.
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SWHC_25	Kaucha Churna	General Tonic, Parkinson's disease, Impotency, infertility, Increase sperm count, Depression, libido, Leucorrhoea, Spermatorrhoea, Menstrual disorders, General weakness, Nervine tonic, Paralysis, Manorrhagia, Insomnia
SWHC_26	Lindi Piper Churna	Treat respiratory infections such as stomachache, Bronchitis,Diseases of the spleen,Cough,Tumors, and asthma,Aromatic,Stimulant,Carminative,Good for constipation,Paralysis of the tongue,Advised in diarrhea,Cholera,Scarlatina,Chronic Malaria,Viral hepatitis
SWHC_27	Mamejava Churna	Control Diabetes
SWHC_28	Vavding Churna	Improves activity of Digestive enzymes
SWHC_29	Neem Churna	Exhibit immunomodulatory,Anti-inflammatory, Antihyperglycaemic,Antiulcer,Antimalarial, Antifungal,Antibacterial,Antiviral,Antioxidant, Antimutagenic and Anticarcinogenic properties
SWHC_30	Pipari Mool Churna	Cooling, Heart diseases, Astringent to bowels, Useful in biliousness, Blood impurities, Leucorrhoea, Asthma, Alternatives, Liver disorders, Gallbladder pain and stones, Urinary tract Disorders, Renal disorders, Kidney stones, Cystitis, and nephritis
SWHC_31	Punarnava Churna	Urinary problems, Stimulates urine production, Cures oedema (condition characterized by an excess of watery fluid collecting in the cavities or tissues of the body), Good for digestive system, Removes body toxins, Alkalises urine, Useful in Nephritic Syndrome, liver and kidney problems
SWHC_32	Shatavari Churna	Digestive discomfort,Indigestion,Amoebiasis and piles,In females it is indicated in habitual abortitions,Weakness of uterus,Excessive bleeding during menstruation,Antidiarrhetic, antispasmodic,Aphrodisiac,Antidysenteric, Demulcent,Diuretic,Galactagogue,Nutritive, Mucilaginous,Refrigerant,Stomachic properties and works as tonic for humanbeings,General weakness due to prolong illnesses,Improves immunity and protects heart,Brain and other vital organs of body
SWHC_33 SWHC_34	Sonamukhi Churna Shunthi Churna	Chest and Body Pain,For strong Lung, For kidney stones Abdominal pain,Anorexia,Heart diseases,Oedema,Indigestion,Arthritis,Atonic dyspepsia,Bleeding,Cancer,Chest congestion, Chicken pox,Cholera,Chronic bronchitis,Cold extremities,Colic,Colitis,Common cold,Cough, Cystic

		fibrosis, Diarrhoea, Difficulty in breathing,
		Dropsy,Fever,Flatulence,Indigestion,Disorders of
		gallbladder, Hyperacidity, Hypercholesterolemia,
		Hyperglycemia,Indigestion,Morning sickness,
		Nausea,Rheumatism,Sore throat,Throat ache, stomach
		ache and vomiting, Ginger form an important constituent
		of many Ayurvedic formulations
SWHC_35	Yashtimadhu Churna	Laxative, Demulcent, Emllkient, Tonics, Aphrodisiac, Used in
		sore throat, Cough, Genitourinary diseases, Anorexia,
		Asthma,Persistent low fever
SWHC_36	Chyawanprash Churna	Development of Brain, Boosts Immune System, Purifies &
		Eliminates Toxins, Increases Energy & Vitality, Anti-Ageing
		Tonic
SWHC_37	Mari Churna	Improving digestion,Irritation and Diarrhea or
		Constipation, Helps prevent cancer, Digestion, Weight loss,
		Relieves gas,Clear skin,Beats dandruff

